

WOOD-RIDGE PUBLIC SCHOOLS  
540 WINDSOR ROAD  
WOOD-RIDGE, NEW JERSEY 07075

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Chief School Administrator*

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Dear Families,

The following list of support programs and agencies are available to you. These may be beneficial to you and/or your loved ones when faced with difficult situations.

**COUNSELING SERVICES**

**Care Plus NJ**

Fair Lawn Mental Health  
Center 17-07 Romaine Street  
Fair Lawn, NJ 07410  
201-797-4501, ext. 150

**Children's Aid and Family Services**

148 Prospect Street  
Ridgewood, NJ 07450  
201-445-7015, 201-216-  
2800 [www.cafsnj.com](http://www.cafsnj.com)

**Compcare (Comprehensive Behavioral Healthcare)**

395 Main Street  
Hackensack, NJ  
07601 201-646-0333

**Fairleigh Dickinson University, Center for Psychological Services**

131 Temple Ave  
Hackensack, NJ  
07601 201-692-2645

**Hackensack University Medical Center Children and Family Outpatient Services**

60 State Street  
Hackensack, NJ  
07601 201-996-3690

**Holy Name Hospital (Korean Medical Program)**

718 Teaneck Road  
Teaneck, NJ 07666  
201-833-3399  
[www.kholyname.com](http://www.kholyname.com)

**Jewish Family Services of Bergen and North Hudson**

1485 Teaneck Road  
Teaneck, NJ 07666  
201-837-9090

**Care Plus NJ Korean American Outreach Services (KAOS)**

610 Valley Health  
Plaza Paramus, NJ  
07652 201-265-8200  
*Contact:* Joanne An

**Perform Care** (In-home therapy) -  
Parent must call to make referral.  
1-877-652-7624 and press 4

**Vantage Health System**

93 West Palisade  
Ave Englewood, NJ  
07631 201-567-0059

**West Bergen Mental Healthcare**

120 Chestnut Street  
Ridgewood, NJ  
07450 201-444-3550

**CRISIS INTERVENTION**

**Bergen Regional Medical Center**

230 East Ridgewood  
Ave Paramus, NJ  
07652 201-967-4000

**Children's Mobile Response & Stabilization Services (CMRSS)**

877-652-7624

-If a minor or 18-21 year old is experiencing behavioral or emotional crisis CMRSS will respond within 1 hour of contact if there is no immediate danger to self or others.

## **Psychiatric Emergency Screening Program (PESP)**

201-262-HELP (4357)

-Call if minor appears to be dangerous to self or others. -PESP provides mobile outreach with police.

## **GRIEF & SERIOUS ILLNESS**

### **Hackensack University Medical Center- Healing Hearts Program**

30 Prospect Avenue  
Hackensack, NJ  
07601 201-342-7766

### **Ridgewood YMCA – Rainbow Program**

112 Oak Street  
Ridgewood, NJ  
07450 201-444-5600

### **Valley Hospital – Journeys Support Group**

15 Essex Road  
Paramus, NJ 07652  
201-291-6000

## **NJ HOTLINES**

### **New Jersey Division of Child Protection and Permanency (DCPP) *formerly***

(DYFS) Report Child Abuse or Neglect  
1-877-652-2873

### **New Jersey Domestic Violence Hotline**

1-800-572-7233

## **SUBSTANCE ABUSE SUPPORT GROUPS**

### **The Center for Alcohol and Drug Resources**

241 Main Street, Suite 600  
Hackensack, NJ 07601  
201-882-3733 or 201-226-0300, ext. 228

### **Jewish Family Services - Twelve Steps / JACS**

1185 Teaneck Road  
Teaneck, NJ 07666  
201-837-9090

